

1. Ramadan How to guide my child through this (Dutch leaflet)
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## 1. Ramadan How to guide my child through this

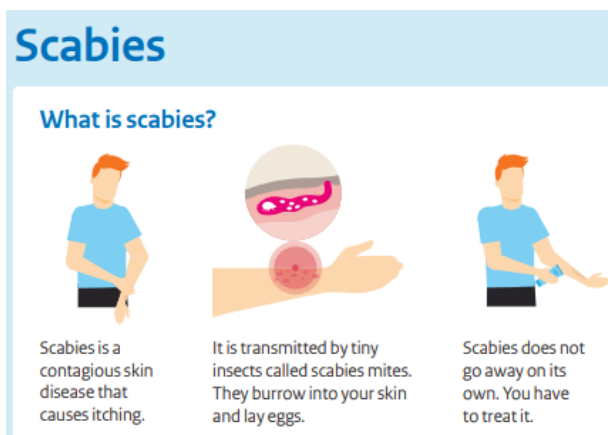
Our colleagues from North East Gelderland have made this leaflet for parents.

Ramadan is the ninth month of the Islamic lunar calendar. This is the month of repentance, where fasting takes place between sunrise and sunset. Although young children are not required to fast during Ramadan, your child may have the desire to join in. It is also important to take this desire seriously. How do you guide your child to do so in the best way possible?

Read more: (in Dutch) [Hoe begeleid ik mijn kind tijdens ramadan? | GGD Noord- en Oost-Gelderland \(ggdnog.nl\)](https://www.ggdnog.nl/nl/ramadan)

## 2. About schurft (ook wel: scabiës)

GPs are seeing more patients with scabies than usual since October 2021: especially in the 15-24 age group. But scabies also occurs among younger children.



### Scabies

**What is scabies?**

Scabies is a contagious skin disease that causes itching.

It is transmitted by tiny insects called scabies mites. They burrow into your skin and lay eggs.

Scabies does not go away on its own. You have to treat it.

Scabies is caused by the scabies mite, a tiny creature you cannot see with the naked eye. The mite digs tunnels in the surface of the skin and lays eggs there. The skin then gives an allergic reaction to the mite, causing itching.

Movie on what is scabies ( in Dutch) [Schurft \(youtube.com\)](https://www.youtube.com/watch?v=...)

### How can scabies be recognised?

- Itching that gets progressively worse
- Blisters and red bumps, especially between the fingers, wrists and feet.
- Sometimes you can see a red stripe on the skin. These are the passageways the mite digs.
- Young children up to 4 years old can also get itching and bumps on the head.

### How do you get scabies?

- You can get scabies from someone else who has scabies in the following ways:
- Skin contact for more than 15 minutes with someone who has scabies.
- Wearing clothes and/or using the same towels of someone who has scabies.
- Sleeping in the same bed as someone who has scabies

**For more information on scabies, prevention and its treatment, check out the infographic:**

- [Infographic: information about scabies and how to treat it | RIVM](#) What does mange look like? View photos Images of scabies | RIVM
- What does mange look like? View photos here: [Afbeeldingen van schurft | RIVM](#)

Infectious disease department

### 3. Online parent meetings for divorced parents/parents getting divorced (Dutch)

But also for professionals

What does divorce mean to a child? What feelings are there in children...and then what is a line you can hold as a parent in all the decisions you make. Get this information in the meetings below. Register for free via the Qr code or: [Ouderbijeenkomsten](#)

**ONLINE**  
**Ouderbijeenkomsten**  
over scheiden en veilig opgroeien

*voor ouders, professionals en geïnteresseerden*

BASIS	VERVOLG	VEILIG OPGROEIEN
di 19 mrt 19:30 vr 19 apr 9:30	do 28 mrt 19:30 wo 15 mei 9:30	wo 10 apr 9:30
Hoe beleeft een kind een scheiding?	Wat kan je doen als ouder?	Welke steun kun je een kind bieden?

\* in willekeurige volgorde deelnemen is mogelijk

Online aanmelden (en informatie) via:  
[www.ouderbijeenkomsten.nl](http://www.ouderbijeenkomsten.nl)



- De bijeenkomsten zijn van 19:30 -21:00 uur of van 9:30-11:00
- Er zijn geen kosten aan verbonden
- Je kunt je anoniem aanmelden

Georganiseerd door  
Landelijk Contactpunt Ouderbijeenkomsten



#### **4. Online webinar 14 March: How to best guide your children during and after divorce (Dutch)**

Our GGD Hollands Noorden colleagues are hosting an online meeting for parents on 14 March. You can register via the QR code or [Online bijeenkomst: Scheiden doet leiden \(opleidingsportaal.nl\)](https://www.opleidingsportaal.nl/online-bijeenkomst-scheiden-doet-leiden)



# Scheiden doet leiden

Hoe jij je kind(eren) tijdens en na de scheiding het beste kan begeleiden.

## online bijeenkomst voor ouders van kinderen van alle leeftijden

Twee jongeren van Villa Pinedo die zelf een scheiding hebben meegemaakt vertellen hun persoonlijke verhaal. Steven Pont deelt vanuit zijn deskundigheid welke invloed een scheiding heeft op de levensloop van kinderen. Monique Klein-Vriend van GGD Hollands Noorden zal de kijkersvragen behandelen. Iedereen is welkom om mee te doen! Dus ook vrienden, opa's & oma's en professionals.



### GRATIS ONLINE BIJENKOMST

Donderdag 14 maart  
van 20.00 tot 21.30 uur  
[scheidingsplein.nl/aanmelden](https://scheidingsplein.nl/aanmelden)



Een samenwerking van Scheidingsplein met  
Stichting Villa Pinedo en de GGD.



[Online bijeenkomst: Scheiden doet leiden \(opleidingsportaal.nl\)](https://scheidingsplein.nl/aanmelden)